

5.1.4

The institution has a transparent mechanism, for timely redressal of student grievances including sexual harassment and ragging cases

Disciplinary Committee UGC/GNIOT Policy

Greater Noida Institute of Technology (Engg. Institute)

Plot No. 7, Knowledge Park II, Greater Noida Uttar Pradesh 201310 India



ग्रेटर नोएडा इंस्टीट्यूट ऑफ टेक्नोलॉजी (इंजीनियरिंग इंस्टीट GREATER NOIDA INSTITUTE OF TECHNOLOGY (Engg. Institu

Proctorial Board

GENERAL RULES AND REGULATIONS:

- 1. All candidates who secure admission in the college are deemed to have agreed to all the rules and regulations, given hereunder and such other rules and regulations as to be added, or amended from time to time.
- 2. Students, admitted in this college, will have to give an undertaking that he/she will not involve in any sort of ragging or any other indisciplinary act; if involved, he/she is liable to be punished accordingly. Ragging is strictly prohibited as per Government Orders.
- 3. All the students must necessarily wear uniform.
- 4. All the boys must wear black full shoes with socks and all the girl students must wear black shoes whenever they come to the college.
- 5. All the students should not shout or talk loudly in the college campus.
- 6. Students should not stand in corridors/ near cycle stand for gossiping. Students should not sit on the parapet walls, railings, steps or stair-cases. Loitering in the corridors or in the campus during college working hours is strictly prohibited.
- 7. Students should maintain strict discipline inside the class rooms as well as in the college campus. They should keep the class rooms/college campus neat and tidy.
- 8. Students should display identity cards on person during their stay in the college campus.
- 9. Students should not bring any unauthorized persons into the campus.
- 10. Any student involved in breaking or damaging any college property shall be punished severely.
- 11. Students are prohibited from resorting to strikes and demonstrations, as it shall automatically result in suspension from the college.
- 12. Criticizing or abusing the girl students in foul language are strictly prohibited in the campus.
- 13. Organizing birthday or any other personal functions within the campus is strictly prohibited.
- 14. No student is permitted to roam in the campus during class/Lab work.
- 15. No student should be present in the canteen during the class work.
- 16. Students are expected to spend their free time in the Library/Reading Room.
- 17. Students are expected to behave well with the, staff, other students and general public. Any misbehavior coming to the notice of the college authorities will be severely dealt with.
- 18. The conduct of the students should be exemplary not only within the premises of the college but also outside. This will help in maintaining the image and status of the college.

19. A fine will be imposed if anybody behaves contrary to the above rules and the amount so collected will be utilized for the student welfare activities.

वे होरिक्त निमालिक Sole के रातों के अधीन विश्वविद्यालयों तथा महाविद्यालयों के कोई प्रति संस्था प्रकृत काल विस्ता प्रशासन के प्रशामर्ग से दी जा सकती है :--

() अर्थाह्यालय/महाविद्या स्वाल जाने के सम्बन्ध में गतिविधियों की योजना एवं निर्वाल

्रिविश्वविद्यालय / महाविद्यालयां में अपने परिसर को फिर से खुलने तथा शिक्षण कार्य की प्रक्रिक को सुखाल रूप से संचालन किए जाने हेतु अपनी योजना विकसित किए जाने की आवश्यकला होगी. जो कि निम्नवत है:-

- संस्थाओं को विभिन्न कार्यकर्मों में सभी विभागों एवं छात्रों के बैचो के लिये पूरी तरह रोस्टर के साम्य चरमाबद तरीके से पविसर खोलने का विवरण तैयार किया जाय।
- रिप्तकों, अधिकारियों, कर्मनारियों तथा छात्रों को आई०कार्ड0 पहनना अनिवार्य किया जाय।
- संकाय, भात्र, कर्मचारी को एक दूसरे से बचने के लिये नियमित रूप से जांच की जानी चाहिए।
- कसाओं को चरणबद्ध तरीके से बालू किए जाने के सम्बन्ध में सप्ताह में 06 दिवसीय शिस्यूल का पालन किया जा सकता है तथा बैठने की व्यवस्था को शारीरिक दूरी की आवश्यकताओं को ध्यान में रखते हुए बनाया जाय।
- विश्वविद्यालय एवं महाविद्यालयाँ में कक्षाओं के आकार की कम करने और कक्षाओं के दौरान शारीरिक दूरी को बनाए रखने के लिये कक्षाओं को कई मार्गों में विभाजित किए जाने पर विचार किया जा सकता है।
- कसाओं की उपलब्धता के आधार पर कसाओं में भाग लेने के लिये 50 प्रतिशत छात्रों को रोटेशन के आधार पर अनुसति दी जा शकती है।
- ऑनलाइन शिक्षण के लिये शिक्षकों को प्रशिक्षित किया जाना चाहिए।
- परिसर में आगन्तुकों को बिल्कुल भी अनुसति नहीं दिया जाना नाहिए या उनके कि प्रतिबन्ध किया जाना नाहिए।
- परिसर् में भीडनाड़ से बद्धने के दृष्टि से शिक्षक के रूप योजना कारी जो एकेडमिक कैलेण्डर में नियमित केसाओं और और बार्क शिक्षक के कि में के
- शिक्षण और प्रशिक्षण कार्य के हिस्से दिनगर एक कार्य कार्य रहें।
- प्रयोगशाला में अविवास क्षमता को कम करते हुए एक निर्धारण किया जाय
- वृद्ध कर्मचारी, गन्दती महिला तथा गम्नीर रूप से रोसी कर्मचारियों के छात्री वाले कार्यों से दूर उना चाहिए।

है। संस्था प्रस्त की मुसिका

- संस्था में प्रमुख / महाविद्यालय के प्राचार्य श्रासन के आदेश और निर्देशानुसार कोक्टिन के प्रके को देखत हुए SOP तैयार कुछ सकते हैं।
- परिसर को खोलने से पहले एक विस्तृत योजना तैयार की जानी चाहिए जिसमें अन्य बार्क के साम स्वयं कर किया जाना चाहिए तथा उचित कियान्वयन किया जाना चाहिए तथा उचित कियान्वयन किया जाना चाहिए। संकाय और कर्मचारियों की मदद से नियमित निगरानी की जानी चाहिए।
- कोविड—19 से लड़ने में सहायता और सहायता के लिये नजदीकी अस्पतालों, स्वास्थ्य केन्द्रों, गैर सरकारी संगठनों, स्वास्थ्य विशेषज्ञों के साथ टाईअप की स्थापना की जा सकती है।
- सभी शैक्षणिक गतिविधियों के लिए शैक्षणिक कैलेंडर, शिक्षण मोड, परीक्षा मूल्यांकन आदि को पहले से अच्छी तरह से तैयार रखना चाहिए।
- कोविड—19 महानारी से संबंधित विभिन्न मुद्दों को नियत्रंण करने के लिए एक समूह बनाना चाहिए, जो इस कार्य को समूह में संकाय ओर कर्मचारियों, छात्र समुदायों के स्वयंसेवक, गैर सरकारी संगठन, स्वास्थ्य संगठन और सरकारी अधिकारी अध्वा शिक्षक को सामिल हो सकते हैं।
- शिक्षकों, छात्रों एवं कर्मचारियों को संस्था खोले जाने के सम्बन्ध में बनाई गई योजना, शासन द्वारा जारी किए गए निर्देश तथा SOP से अवगत कराया जाना चाहिए।

(3) शिक्षक की भूमिका

- शिक्षकों को संस्थागत योजनायें और SOP प्रकियाओं की पूरी तरह अवगत होना चाहिए।
- प्रत्येक शिक्षक द्वारा उनके द्वारा पढ़ाये जाने वाले विषयों के लिए एक विस्तृत विषय योजना तैयार की जानी चाहिए जिसमें समय-सारणी कक्षा का आकार, वितरण के तरीके वस्तु हमेन्ट, सिद्धान्त, व्यवहारिक, निरन्तर गूल्यांकन, सेगेस्टर मूल्यांकन आदि शामिल हों।
- शिक्षकों को नवीनतम शिक्षण विधियों और ई-संसाधनों की उपलब्धता के साथ एक आपडेट रखना चाहिए।
- शिक्षकों को छात्रों को काँविस्त 19 सम्बन्धी स्थिति सरक्षित और स्वस्थ्य रहें याली सावधानियाँ और कंदमों से अवगत कराया जाना दाहिए।
- शिक्षकों को अपने शारीरिक और मानसिक स्वार्थ्य को निग्रधनी करने। वाहिए

(3) माता-पिता की पृश्विका

माता-पिता को रनिश्चित करना चाहिए। उनके बच्चें घर पर और जब भी पालन करें।

• यदि छात्र अरवाध्य नहसूस कर रहे हों, तो उनके माता-यिता को अपने बद्धाः अनुमति नहीं देनी चाहिए।

dan rea

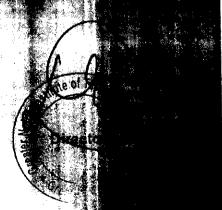
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Director

- मस्या में गतिविधि शुक्ष करने से पडले हैं हैंग इंस्टीट्यूट, पीएचडी कोर्स तथा स्नारकोरक अध्ययन जिसमें छात्रावास प्रयोगशालाएँ तथा अन्य सामान्य उपयोगी क्षेत्रों को विशेष रूप के जान रखते हुए 1% सोडियम हाइपोक्लोराइट से सुनिटाइज कराया जाय।
- वायोमेद्रिक्स उपस्थिति के बनाय सम्पर्क रहित उपस्थिति के लिये वैकल्पिक व्यवस्था की आय।
- परिसर में अन्दर-वाहर अने जाते वाहों के सिये कतार का प्रबन्ध सुनिश्चित किया जाय जिसमें कि फीट की दूरी पर विशिष्ट धिन्ह बनाया जाय।
- संस्थान में राज्य हेल्पलाइन नम्बर तथा स्थातीय स्वास्थ्य अधिकारियों के नम्बर आदि मी प्रदर्शित किया जाय।
- एयर कन्डीशन / वेंटीलेशन के संबंध में जारी दिशा—निर्देशों का पालन करना चाहिए। सभी एयर कंडीशन उपकरणों का तायमान 24-300C की सीमा होनी चाहिए, सापेक्ष आर्द्रता 40-70 प्रतिश्रव की सीमा में होनी चाहिए। ताजी हवा का सेवन जितना सम्भव हो होना चाहिए और कॉस वेंटिलेशन होना चाहिए।
- जब तक छात्र कोविड-19 की बीमारी से मुक्त रहेंगे वह लॉकर का उपयोग करते रहेंगे।
- जिम का प्रयोग स्वास्थ्य मंत्रालय, भारत सरकार के दिशा—निर्देशों के पालन के अनुसार करेंगे।
 (available at: https://www.mohfw.gov.in/pdf/Guidelinesony ogainstitutesandgymnasiums 03082 020.pdf).
- स्विमिंग पूल वन्द रहेंगे।

(र) उपलब्धता एवं आपूर्ति का प्रबन्धन

- संस्थान के शिक्षकों एवं कर्मचारियों के लिये फेस कवर, मास्क, हैंग्ड वॉश ताब सेनिटाइजर का प्रबन्ध होना चाहिये।
- थर्मल गन, अवकोडल वाइप्स तथा 01 प्रतिशत सोडियम हाइपोक्लोराइट तथा डिल्डियल पेपर, साबुन, कोविड पर आईईसी सामग्री पर्याप्त आपूर्ति होनी चाहिए।
- संस्थान में रोगगरत व्यक्ति के ऑक्सीजन स्तर की जांच के लिये प्रत्स ऑक्स हो अवस्था होनी चाहिए।
- पर्याप्त मात्रा में कवर किये मधे इस्त्रीन बीप केवर को डिब्बा संपलस्य हों।
 किये गये वस्तुओं एवं सामान्य कर्वे की डिजा के लिए होंगे के पित होंगे के प्राप्त करना कि दिए।
- हाउस कीपिंग स्टाफ को डिस्पोजल करने ए वो चाहिए।
- (8) शिक्षण / प्रशिक्षण संस्थानों को खोलने के बाद:-
- (क) संस्थान में प्रवेश करते समय:-



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- प्रांश करते काम मोदिक दूरी आप दण्ड को अपनाते हुए धर्मल स्वीलिय का के
- परिसर में शिक्षणिक /गैर शैक्षणिक स्टॉफ, छात्रों तथा आगंतुको को अनुमित है। जानी
- व्हाविड-19 के बारे में निवारक संपायों पर पोस्टर प्रमुखता से परिदर्शित होना चाहिए।
- पार्किंग रथल गुलियारों में तथा लिफ्ट में उचित दूरी का अनुपालन सुनिश्चित करना चाहिए।
- आगंतुको का प्रवेश सख्ती से प्रतिबंधित होना चाहिए।

(व) कक्षा में शिक्षण गतिविधियों का संचालन

- धात्रों को कक्षाओं में बैठने के लिए 06 फीट की दूरी सुनिश्चित किया जाय।
- व्याओं में भौतिक दूरी के साथ पर्याप्त समय के लिए अलग—अलग स्लॉट में कक्षाओं की गतिविधियों को पूरा किया जाय।
- अधिक कार्य हेतु नियमित कसा तथा ऑन लाइन कसा का मिश्रण होना चाडिए।
- रिटाक यह सुनिश्चित करेगा कि स्वयं तथा छात्र शिक्षण गतिविधियों में मास्क पहने ह
- धन्नों के बीच लेपटाप, नोटबुक, स्टेशनरी आदि सामान को साझा करने की अनुमित नहीं दी जायेगी।

(ग) छात्रावास।

- छात्रावास ऐसे मामलों में खोले जा सकते हैं, जहां सुरहा एवं स्वास्थ कराई से पालन करना आवश्यक है। छात्रावास में कमरे के द्वारे की दी जा सकता है। कोविड-19 के लक्षण बाह्य छात्रों को किसी भी परिस्थि में रहने की अनुमति नहीं दी जानी चाहिए।
- दिनित आनों से आ रहे छात्रों की कि दिनों की अविध के लिये जान प्रत्यक है।
- छात्र वह के एरिया में कोई भीड़ नहीं चौहिए। वह से बच्चे संख्य अधित रूप से सीमित करने की आवश्यका है। छात्र चरण्य परिके से बुलाया जा सकता है।
- सभी उन्हों की थर्मल स्कीनिंग सुनिश्चित की जाती चा
- डायनित हॉल, सामान्य कमरे, खेल के क्षेत्र में छोड़ों के अधिकि
- रसोई, डायनिंग हॉल, बाथरूम एवं शौचलय आदि के वहाती। रूप से रही जानी चाहिए।

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- डायनिंग हॉल में भीड़ से बच्चे के लिये छोटे—छोटे बैचों में छात्रों को भोजन के लिये बुलाया जाना चाहिए। यह सुध्यत किया जाना चाहिए कि भोजन ताजा पका हुआ से तथा एक वरिष्ठ कर्मझार यह समारानी में भोजन बनाया जाना चाहिए तथा बर्तन
- भोजन बनाए जाने से पूर्व कर्मचारियों द्वारा फेस कवर, मास्क तथा हाथों को सेनेटाइन किया जाना आवश्यक है।
- छात्रों एवं कर्मचारियों की बाजाए में जाने से खदना चाहिए। जहां तक सम्मव हों आवश्यक वस्तुओं को परिसर के मीतर ही जपलब्ध कराया जाना चाहिए।
- हॉरटल के भोजन कक्ष में **छात्रों की संख्या** को निर्धारण कर सकते है। भीड़माड़ से वचने के लिये मेरा टाइमिंग बढ़ाई जा सकती है।

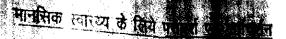
य) कॉमन एरिया लाइब्रेरी, जिम आदि में गतिविधियों के सम्बन्ध में

- 06 पाट की भौतिक दूरी बनाये एकनी चाहिए।
- कॉमन एरिया का **उ**पयोग करने वाले व्यक्ति को हर समय मास्क पहना चाहिए।
- स्वीमिगपूल बन्द रखना चाहिए।
- नकद लेने देन से बचना बाहिए।

ह्यें स्वस्थत

- फर्श ी देनिक रूप से सफाई की जाय।
- पर्याप्त नाता में शौचालय में साबुन तथा अन्य क्षेत्रों में सेनिटाइजर का प्रावधान होना चाहिए
- डोर ए एलेवेटर बटन, हैंडबेल, चेयर, बेंच, वॉशरून तथा फिक्स्चर के प्रा प्रतिशत सोडिया अइपोक्लोसइट का उपयोग करके बार-बार छुई जाने बोबी पहारों की नियित रूप से सफाई करनी चाहिए।
- शिक्षण सानग्री, कम्प्यूटर **लेपटॉप, ग्रिन्टर, निसमित रूप से 70 प्रतिशत ५** सफाई करनी चाहिए।
- सभी वीने तथा हाथ **धोने गर्त वृश्विक है। नगरी की कड़ी सफाई** वर्ग
- छात्रों मंचारियों के लिए अला अद्युप एवर के डिजा की खाड़ तथा - व जानन एरिया में रखें जा को इतजात होना मीटे कवर - र वा उच्चों में फेंका जा सके। उदत उच्चों को 03 दिन डिस्पान ने को कार्यवाही की जाय। क्रिविदेशलय में आवासीय भक्त

Scanned by CamScanner



समी संव यां के सदस्या भाग था है। इसके अलावा एक साझें को "मनोदर्गण" नाम के वेब पेज से अवग्रह कराया जाना चाहिए। देश में विकास कहारिक सुझाव, पोस्टर, बीडियो, साइको सोसल साथोंट, FAQ तथा ऑनलाइ पोप के विकास पाया है। इसके अलावा एक साझीय दोस फी हेल्पलाइन नम्बर-8445440 32 जातंय/महाविद्यालयों के छात्रों के लिये Outreach स्थापित किया गया है जो उनके महासाई स्वास्थ्य और मनोसमाजिक मुद्दों को दूर करने के लिये टेर्ल का जिन्सालिंग प्रदान करेगा।

• विश्वविद्यालय में मानसिक स्वास्था, मनोवैज्ञानिक विन्ताओं तथा छात्रों की भलाई के लिये रहिल्यलाइन नम्बर स्थापिक करनी चाहिए, जिन्हें काउन्सलर और विन्हित संकायों द्वारा निवास एक से मानिटाईंग करने की आक्रयकवा है।

• स्वास्थ्य पर परिवार कल्याण मंत्रासंगः, धारत सरकार के वीडियो लिंक https://www.mohfw.gov.in/off विश्वविद्यास्थः / महाविद्यालय की वेबसाइट पर तथा ई-मेल के माध्यम से भागों और फैकल्के के साथ स्वीडिया जैसे केसबुक, व्हाट्सएप एवं ट्विटर आदि के ना यम से मानसिक स्वास्थ्य का देखांच्या के लिये व्यवहारिक संझाव से अवगत कराया जाय।

्ड्सके सार ही प्रदेश के शिक्सा के कि विकास किया है। इसके साथ है जिला प्रशासन द्वारा निसमय पर िये गये अन्य निर्देशका भी का कि विवास सुविद्या के जायेगा।

्रानक-यथोकाः

भवद्यमा, हिल् १२ विक विकास प्रकार

प्रतिलिपि नाखित को सुमार्थ एव जार यस समयाही हेत् प्रेषित.

पिती सहि गण एव मुख्यमा छा।
अपर मुख्य है। मा० मुख्यमा छा।
प्रमुख स्टा जा कर्मर मुख्य स्टाई
अपर मुख्य है। जा विभाग, संवर्ध है।
समस्त जा, तार प्रदेश।
समस्त जा जा आ। अधिकारी, उवप्रव ।

उ प्रमुख स्टा जा अधिकारी, उवप्रव ।

अस्त जा अधिकारी, उवप्रव ।

अस्त जा अधिकारी ।

अस्त जा अधिका



डा० ए०पी जे० अब्दुल कलाम प्राविधिक विश्वविद्यालय उत्तर प्रदेश सेव ८र-१६, जानकीपुरम विस्तार योजना कलखनऊ-226031

पत्रांक: **ए०**कं०टी०4ु०/ ा०का स्था । 302/2**020/** 7494

दिनांक: // नवम्बर, 2020

सेव में,

निदेशक/प्राचाया

विश्वविद्यालय । समा अना संस्थाना

विषय:-कोविड-19 महा में ६ होएट एंग्लाण एवं पठन पाठन हेतु प्राविधिक विश्वविद्यालयों एवं प्राविधिक शिक्षण संस्थाक को उपसार-एट उपायों के साथ खोले जाने के संबंध में। महोदय.

कृपया उपरोक्त विषा शासन के पत्र संख्या-33896/2020 दिनांक 03.11.2020 (छायाप्रति संलग्न) हारा निर्देश प्राप्त हुए है कि कोशिन 15 महामारी के परिप्रेक्ष्य में विश्वविद्यालय से सम्बद्ध समस्त संस्थान जिनमें (Ph.d) शोधानियां तथा वरणातक के छात्रों जिनको विज्ञान एवं तकनीकी विधाओं में प्रयोगशाला संबंधी कार्यों को आगुर कता विश्वों है, हो संस्था खोलने की अनुमति निम्नानुसार होगी:-

- (क) केन्द्र सरकार कर कि को र इच्च शैक्षणिक संस्थान (Higher Education Institution) के प्रमुख रुप्ये कि नन कर्मिक कि संस्थानों में (Ph.d) शोधार्थी एवं परास्नातक छात्रों जो कि विज्ञान एवं व्यवस्थी कि को को प्रयोगशाला संबंधी कार्यों की आवश्यकता हो, संस्थान के प्रबन्धन क्षण के विकास के कि को कि को कि को कि को कि कि
- (ख) इसके शृतिरिया अन पर श्राह्मणक/प्राविधिक संस्थान जैसे कि शासकीय/निजी विश्वविद्यालयों, महाविद्यालयः कं या वर्षा (Ph.d) एवं परास्नातक विज्ञान एवं तकनीकी विधार्थियों के प्रयोगशाला सर्वत्र कार्य का नवे खोलने के संबंध में केन्द्र सरकार के उपरोक्त (क) के अनुसार निर्मत गाइडल्स्ट का सरका कथा जाये।
- 2- विश्विधालयों के कि जो ने को तत्काल प्रभाव से खोले जाने पर निम्न बातों का भी ध्यान रखा जाना ३६० होगे
 - 1. **सामा**न्य उपाय
 - (क) विण्यविद्यास्त्र परितर 😑 06 फोट की शारीरिक दूरी का अनुपालन सुनिश्चित किया जाये।
 - (ख) अनिवार्थ गा से एक गवर/भास्**क का उपयोग किया जाय।**
 - (ग) हाथों को ार-पार के संशोन पर भी साबुन से हाथ थीना सथा जहाँ तक सम्भव हो, अल्कोहरू-को है देश घट का उपयोग करना चाहिए।
 - (घ) परित प किन पर विति होना चाहिए।
 - (ड) एक्किन राष्ट्रों के के साथ खासने/छीकने के दौरान ताल एवं इस्तेमाल किए गए टिश्रू को एक के के के समुचित व्यवस्था होनी चाहिए।
 - (च) १९६१ दुः । आर १८८ अविस्मृतनी और जल्द से जल्द किसी बिमारी का रिपोट करना।
 - (छ) सभी के असे असे नेव्यमित उपयोग करना।
 - 2. संस्था जालने पहा

(क) अन्यत्रमं अति व रहा अति शिक्षक कर्मचारी तथा छात्रगण को संस्थान में आने की अनुमति नहीं होगी।

- (ख) संस्था में गति है। करने से पहले ट्रेनिंग इंस्टीट्यूट, मीएचडी कोर्स तथा स्नातकोक्तर अध्ययन जिसमें हात्रावार है। को लिशेष रूप से ध्यान रखते हुये 1% गडियम हात्रविताहर से सेनिटाइज कराया जाय।
- (ग) वायोमैट्रिक उपस्थित क जाय सम्पर्क रहित उपस्थिति के लिए वैकल्पिक व्यवस्था की जाय।
- (घ) परिसर में अन्द ाहर, आने-जाने वालों के लिये कतार का प्रवन्ध सुनिश्चित किया जाय जिसमें है: फीट की हो पर विशिष्ट चिन्ह बनाया जाय।
- (इ) संस्थान में राज्य इल्यायाइन नम्बर तथा स्थानीय स्थास्थ्य अधिकारियों के नम्बर आदि भी प्रदर्शित किया याया
- (च) एवर कन्डीशन/केर्र तरान के संबंध में जारी दिशा-निर्देशों का पालन करना चाहिए।
- (छ) जब तक राष्ट्र धोषाड-१० की बीमारी से मुक्त रहेंगे वह लॉकर का उपयोग करते रहेंगे।
- (ज) जिम का उद्योग का मैत्रालय, भारत सरकार के दिशा-निर्देशों के पालन के अनुसार करेंगे।
- (झ) स्थिमिंग ५० वन हेर
- 3. गतिविधियों की श्रीजन अस्प
 - (क) परिसर में भीड़ है है वचने के दृष्टि से शैक्षिक कैलेण्डर योजना बनाबी जाय। जितना सम्भव हो एकेट एक है है में नियमित कक्षाओं और ऑनलाइन शिक्षण को बढ़ावा देना चाहिए।
 - (ख) शिक्षण और प्रस्कृष ार्थि के **लिये दिनवार एवं समयवार का निर्धारण संस्था द्वारा किया** जा सकता है।
 - (ग) प्रयोगशाला में अिल्हातम क्षमता को कम करते हुए पुनः निर्धारण किया जाय।
 - (घ) वृद्ध कर्मचारी, नानता महिला तथा गम्भीर रूप से रोगी कर्मचारियों को छात्रों के साथ सीधे सम्पर्क वाले कार्यों से ार स्वाना चाहिए।
- 4. **उपलब्धता एवं ापूर्ति भा प्रकश्चन**
 - (क) स्स्थान क शिक्षके एं कर्मचारियों के **लिये फेस कवर, मास्क, हैण्ड वॉश तथा सेनिटाइजर** का प्रवन्थ होना चाहिए
 - (ख) धर्मल गन अरु हेन्द्र इस्स तथा 01 प्रतिशत सोडियम हाइपोक्स्लोसइट तथा डिस्पोजल पेपर, साबुन कोविड स्ट अस्टर्स स्था पर्याप्त आपूर्ति होनी चाहिए।
 - (ग) स्थान में रोग के के **ऑक्सीजन स्तर की जांच के** लिये पल्स **ऑक्सी**मीटर की व्यवस्था होनी कहिए।
 - (घ) अर्थाप्त महारा में अबर किये गर्थे इस्टबीन और कचरे का डिब्बा उपलब्ध होना चाहिए। इस्तेमाल किये गर्थे अवर की इवं सामान्य कचरे की डिसपोज ऑफ करने के लिये CPCB के दिशा निर्देश के पालन करने चाहिए।
 - (ङ) हाउस की प्रिंग स्टाइन को डिस्पोजल करने के लिये उनको सूचित एवं प्रशिक्षित किया जाना चाहिए।
- 5. शिक्षण/प्रशिक्षण संस्थानं का जोलने के बाद:-
 - (क) संस्थान र प्रवेश केरते समय:-
 - प्रवेश धारते १ व चिक दूरी के माप दण्ड को अपनाते हुए मिल स्क्रीनिंग सैनिटाइए विच चार खाहिए।



- परिसर में र्रेटिंग्ड व शैक्षणिक स्टॉफ, **छात्रों तथा आंगतु**को को **अनुमति दी जानी** चाहिए।
- कोविड 19 के तर निवासक उपायों पर पोस्टर प्रमुखता से परिदर्शित होना चाहिए।
- पार्किंग स्थल, कि से में तथा लिफ्ट में उचित दूरी का अनुपालन सुनिश्चित करना चाहिए।
- आंगतुकः का उत्राग्धती से प्रतिविधत होना चाहिए।

(ख)कक्षा में शिक्षा महिले धियों का संचालन

- छात्रों को करावां में बैठने के लिये 06 फीट की दूरी सुनिहिचत किया जाय।
- कक्षाओं में घंडिक एने के साथ पर्याप्त असमय के लिए अलग-अलग स्लॉट में कक्षाओं की विविधियों को पूरा किया जाय।
- शैक्षणिक का हेतु नियमित कक्षा तथा ऑन लाइन कक्षा का मिश्रण होना चाहिए।
- शिक्षण यह स्वर्धित करेगा कि स्वयं तथा छात्र शिक्षण गतिविधियों में मास्क पहने हो।
- छात्रों के वं: अस्य नोटबुक, स्टेशनरी आदि सामान को साझा करने की अनुमति नहीं
 दी जार्गाः

्(ग) कार्यशाल गें∕प्रयं ाल्यां में कौशल आधारित प्रशिक्षण का संचालन

- प्रयोगरु ता ं अप ये पहले य**ह सुनिश्चित करें** के सतहों को सेनिटाइज़ **किया गया** हो।
- प्रयोगराजा में 💢 उसे वाला व्यक्ति को चार वर्ग मीटर स्थल होना चाहिए।
- प्रयोगश्वाला में अवक्रमा के उपयोग करने से पहले और बाद में सेनिटाइज करना चाहिए।

(घ) कॉमन एरिया-रुरा विटीन कॉमन रूम, जिम आदि में गतिविधियों के सम्बन्ध में।

- 06 फाट वं केंदिन दूरी बनाये रखनी चाहिए।
- कॉमन एरिया ा योग करने वाले व्यक्ति की हर समय अस्क पहना चाहिए।
- s जहाँ क का कर प्रतिम को वन्द **रखना चाहिए।**
- नकद नेत्र १ त्या दश चाहिए।

6. स्वच्छ

- फर्रा की ए ं से सफाई की जाय।
- पर्याण माः के किवालय में सायुन तथा अन्य क्षेत्रों में सेकिटाइजर का प्रावधान होना
 चाहिए
- डोर अवस अवस्था प्रतिन हैं डबेल, चेयर, बेंच वॉशरूम तथा फिक्स्चर को 01 प्रितिशत सोडियन हार्यकार्य इट का उपयोग करके बार-वार छुई जाने वाली सत्हों की नियमित रूप न अधाई करनी चाहिए।
- शिक्षण साम ः अध्यूटर लेपटॉप, प्रिन्टर नियमित रूप से 70 प्रतिशत एस्कोहस के साथ सफाई करनी ां

सभी ाने ता हाल धोने वाले वॉशरूम तथा लैबेटरों की कहा सभाई होनी चाहिए।



- छात्रों एवं पर कार के लिए अलग-अलग कवर के डिब्बा को क्लास रूम, प्रयोगशाला तथा अन्य का किरोदा में रखे जाने का इंतजाम होना चाहिए, जिससे फेस कवर/मास्क को डिब्बों में केका जा सके। उक्त डिब्बों को 03 दिन सूखने के बाद डिब्सोंज ऑफ की कार्यवाहों को जाय। विश्वविद्यालय में आवासीय भवन हों, तो नियमित रूप से स्वच्छत का का एक एखा जाय।
- 3. इसके साथ ही प्रवेश के चिकित्सा एवं परिवार कल्याण विभाग तथा जिला प्रशासन द्वारी समय-समय पर दिये गर्व अन्य अवशि का भी अनुपालन अतिवार्यतः सुनिश्चित किया जायेगा।
- 4. कोविड-19 महासारी कर क्यांम से संबंधित कार्यवाही हेतु संस्थान स्तर पर हेल्प डेस्क बनाया जाए।

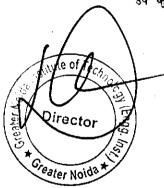
अतः आपसे अपेक्षा ं ं अयोकतःनुसार कार्यवाही किया जाना सुनिश्चित करें।

(डॉo ओरo केo सिंह) उप कुलसचिव

प्रतिलिधि:-निम्नलिखित को सूचन ः ्वं आवश्यक कार्यवाही हेतु प्रेषित:-

- 1. विता अधिकारी, ए०वा 🚉 लखनङा
- 2. 🌼 मुलसचित्र, ए०के०टी०वृक्ष करानक।
- 3. उप सचिव, प्राविधिक १ १ अनुभाग-1, उ०प्र**० शासन को पत्र दिनीक ०३.11.2020 के संदर्भ में** सुचनार्थ।
- 4. परीक्षः नियंत्रकः, ए०के १८८ लखनकः।
- 5. समस्त अधिष्ठातः, एः लखनक।

(डॉ० आ**र० के०** सिंह) उप कुलसचित्र



UGC GUIDELINES FOR RE-OPENING THE UNIVERSITIES AND COLLEGES POST LOCKDOWN DUE TO COVID-19 PANDEMIC



UNIVERSITY GRANTS COMMISSION BAHADUR SHAH ZAFAR MARG NEW DELHI

NOVEMBER 2020



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Director

Generic Preventive Measures/COVID-19 Appropriate Behaviour

The following public health measures are to be followed to reduce the risk of COVID-19 by all (faculty members, employees, students and visitors) in these places at all times:

- i. Physical distancing of at least 6 feet to be followed as far as feasible.
- ii. Use of face covers/masks to be made mandatory.
- iii. Frequent hand washing with soap (for at least 40-60 seconds) even when hands are not visibly dirty. Use of alcohol-based hand sanitizers (for at least 20 seconds) can be done wherever feasible.
- iv. Respiratory etiquettes to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing/sneezing with a tissue/handkerchief/flexed elbow and disposing of used tissues properly.
- v. Self-monitoring of health by all and reporting any illness at the earliest.
- vi. Spitting shall be strictly prohibited.

vii. Installation & use of Aarogya Setu App shall be advised wherever feasible.



1. Introduction

Universities and other educational institutions across the country have been closed since 16th March, 2020 when the Government of India announced a countrywide lockdown as one of the measures to contain the COVID-19 outbreak. The Government of India through its Ministries, viz., Ministry of Home Affairs, Ministry of Health, Ministry of Ayush and Ministry of Education took several initiatives to contain the spread of the virus and issued directives and advisories to educate the people about the gravity of the infection from Coronavirus and the measures to protect from it. Specific instructions were also issued to the universities and colleges by the Ministry of Education and the UGC in this regard.

The University Grants Commission issued "Guidelines on Examinations and Academic Calendar for the Universities in View of COVID-I9 Pandemic and Subsequent Lockdown" on 29th April, 2020 and then, on 6th July, 2020. These Guidelines covered important dimensions related to examinations, academic calendar, admissions, online teaching-learning and provided flexibility for adoption by the universities. Later "UGC Guidelines on Academic Calendar for the First Year of Under-Graduate and Post-Graduate Students of the Universities for the Session 2020-21 in View of COVID-19 Pandemic" were issued on 24th September, 2020.

In order to contain the spread of COVID-19 pandemic in the educational institutions and to ensure continuity in teaching- learning process, Ministry of Education and UGC issued several directives/ advisories/ guidelines to the universities and colleges, including the one to impart online education by making the best use of e-resources. Through all the communications made by Ministry of Education and UGC, it was emphasized to continue with teaching-learning processes using online modes such as Google Classroom, Cisco Webex Meeting, You Tube streaming, OERs, SWAYAM platform (www.swayam.gov.in), Swayam Prabha (www.swayamprabha.gov.in) (available on Doordarshan (Free dish) and Dish TV), e-yantra (www.e-yantra.org), Virtual Labs (www.vlab.co.in), FOSSEE (https://fossee.in), application of spoken tutorials (www.spoken-tutorial.org), National Digital Library (NDL) (https://ndl.iitkgp.ac.in), electronic journals (https://ess.inflibnet.ac.in) etc.

The new academic session is going on and the universities and colleges need a customized plan, as per the local conditions where they are located, to deal with any eventuality arising due the COVID -19 before resuming activities on campuses. Besides above, reopening of universities and colleges will relieve the students from uncertainties regarding their career, mode of functioning of universities and colleges, including the conduct of physical classes. Also, it will relieve teaching and other staff from any uncertainty regarding the continuity of their services and salary etc.

It is felt that even after the spread of Coronavirus is contained, certain preventive measures will be required to be followed for quite some time to avoid its recurrence. This will be all the more necessary for educational institutions as large numbers of students gather on the campuses. Keeping all these factors in view, the University Grants Commission has framed Guidelines for the universities and colleges which they may follow, while reopening their campuses after lockdown and the summer vacations. These Guidelines have been vetted by the Ministry of Health & Family Welfare and approved by the Ministry of Home Affairs and the Ministry of Education. The Guidelines may be adopted by the institutions as per the local conditions and directives of the Government authorities.

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2. Re-Opening the Campuses - Issues and Challenges

Indian higher education system is very large and diverse. There are various types of universities, colleges and institutions offering programmes ranging from engineering, technical, medical, sciences, humanities and social sciences at undergraduate, postgraduate, and doctoral level, besides research and extension activities. Also, they vary in their geographical conditions, size, infrastructural capacity, types and duration of programmes etc. Therefore, the issues and challenges faced by them in reopening their campus also vary considerably.

Keeping in view the uncertainties of future due to COVID-19 pandemic and its impact on the functioning of universities and colleges, they may plan to reopen their campuses in a phased manner, ensuring safety, health and well-being of all students and staff. They should be flexible in their plan and should be ready to handle any eventuality arising due to COVID-19.

It may be difficult to comprehend all the challenges/ situations which the higher education institutions may be required to handle while they plan to reopen. However, some of the issues which they may be required to handle instantly are given below:

- i. To follow the advisories/guidelines/directions issued by the Central/State Government, Ministry of Education and UGC from time to time to prevent the spread of COVID-19.
- ii. Uncertainty among students regarding admissions, modes of teaching-learning, completion of courses, examinations, evaluation, declaration of results and the academic calendar, etc.
- iii. Anxiety, mental health and psychological issues of students developed during the lockdown period and fear of infection after the opening of campuses.
- iv. Safety measures including sanitisation of premises, thermal screening, ensuring physical distancing, face-cover/mask wearing, respiratory hygiene and hand-hygiene etc.
- v. Preparation for risk assessment and subsequent actions which may be required depending upon the residential status of the institution whether fully residential, partially residential or non-residential.
- vi. Varied conditions of the pandemic in the state, area and environment where the students mainly live while making risk assessment and planning to address these challenges.

vii. Besides students, a serious risk of infection will also be faced by the faculty, counsellors and other technical and non-teaching staff also who face interact with the students and also among themselves regularly.

3. Measures Required before Re-Opening of Campuses

As the universities and colleges are likely to face a number of issues at the time of reopening, they will be required to plan in advance. Some of the measures, which the institutions may have to take prior to reopening, are given below:

3.1 Pre-requisites

- i. Before reopening of any campus, the Central or the concerned State Government must have declared the area safe for reopening of educational institutions. The directions, instructions, guidelines and orders issued by the Central and State Government concerned regarding safety and health in view of COVID-19 must be fully abided by the higher education institutions.
- ii. However, they may develop stricter provisions and guidelines, if they feel it necessary. The universities and colleges have to make adequate arrangements to ensure the safety and health of students, faculty and staff.
- iii. The universities and colleges shall be allowed to open only if they are outside the containment zones. Further, students and staff living in containment zones will not be allowed to attend the colleges. Students and staff shall also be advised not to visit areas falling within containment zones.
- iv. The faculty, staff and students of the university and college should be encouraged to download 'Aarogya Setu App'.
- v. The institutions should be ready with a plan for handling the inflow of students, faculty and staff in the campus, monitoring disinfecting measures, safety and health conditions, screening and detecting the infected persons, containment measures to prevent the spread of the virus in the campus, and also alternative plan(s), in case the campus needs to be closed again due to spread of the virus in campus or in the surrounding area(s) in near future.

3.2 Modalities for Physical Opening of Colleges/Higher Education Institutions

The following modalities regarding the physical opening of Colleges/Higher Education Institutions, in a graded manner, may be adopted:

The Colleges/Higher Education Institutions outside the containment zones may be opened in a graded manner after consultations with concerned State/UT Governments and subject to adherence to the guidelines/SOP for safety and health protocol prepared by UGC, duly incorporating the view/comments of the Ministry of Health & Family Welfare, as under:

i. For Centrally Funded Higher Education Institutions, the Head of the Institution should satisfy herself/himself regarding the feasibility of the opening of physical classes and decide accordingly.

- ii. Regular visits of a counsellor may be arranged so that students can talk with the counsellor about their anxiety, stress or fear.
- iii. To avoid the risk of transmission, the students, faculty and staff should be screened and symptomatic ones be advised to get clinically assessed before allowing them entry into the campus.
- iv. Isolation facilities for symptomatic persons and quarantine facilities for those who were in contact with the positively tested persons should be there on campus or a tie-up may be made in advance with some Government hospital or approved premises or as advised by the local authorities so that, in case of necessity, prompt action may be taken. Proper arrangement of safety, health, food, water etc. should be ensured for those in quarantine and isolation facilities.
- v. For those who have tested positive, isolation facilities should be in place either on campus itself or as a prior arrangement with some nearby hospital(s) or as advised by the local authorities.
- vi. Universities and colleges should prepare a policy for restricting the outside experts on campuses, study tours, field works etc., keeping in mind the COVID-19 situation.
- vii. All such programmes and extracurricular activities should be avoided where physical distancing is not possible.
- viii. Clean and hygienic conditions, as per safety and health advisories of the concerned government departments, are to be maintained at all places, including hostel kitchens, mess, washrooms, libraries, class rooms etc.
- ix. Proper signages, symbols, posters etc. should be prominently displayed at appropriate places to remind the students, faculty and staff for maintaining physical distancing. The details of COVID-19 cell established by the institution be prominently displayed containing the emergency number, helpline number, email id and contact details of persons to be contacted in case of any emergency in the institution.

x. Ensure the norms of physical distancing, sanitization and hygienic conditions for use of common facilities, viz., Auditorium, Conference/ Seminar halls, Sports, Gymnasium, Canteen, Parking Area etc.

4. Institutional Planning

Institutional planning is the key for the successful reopening of the campuses and smooth conduct of the teaching-learning process during these difficult times. The universities and colleges will, therefore, be required to develop their plans very cautiously for reopening of their campuses and this planning has to be done well in advance. The plan may, inter-alia include the following points:

- i. Institutions should prepare details of opening the campus in a phased manner with a complete roster for all departments and batches of students in different programmes.

 Para 3.2 (i) & (ii) of the Guidelines may be referred.
- ii. The institutions must ensure appropriate sanitization and disinfection process and procedures.
- iii. It should be made mandatory for the Teachers, Officers, Staff and Students to wear the Id cards.
- iv. The faculty, student, staff should be screened regularly to protect and avoid infecting one another.
- v. All preventive measures, preparedness and necessary support system to deal with the COVID -19 positive cases should be monitored and reported to local authorities on a day to day basis.
- vi. Teaching hours in a day may be extended, as per requirements of the institution.
- vii. Six-day schedule may be followed so that classes can be conducted in phases and the seating arrangement be made keeping in view the requirements of physical distancing.
- viii. Universities and colleges may consider reducing the class size and break them in multiple sections to maintain physical distancing during the classes.
- ix. Depending on the availability of space in class rooms or learning sites, up to 50% students may be allowed on a rotation basis to attend the classes.
- x. Faculty should be trained for online teaching-learning practices.
- xi. The visitors should either not be allowed at all or their entry should be drastically restricted. The conditions of the entry for visitors should be strictly laid down and displayed on the entry point(s). Complete contact details of the visitors be maintained along with the names of persons whom he/ she meets.
- xii. There should be adequate isolation arrangements for those having symptoms and also for those who test positive for COVID-19 (however the two need to be kept separately), either at the level of the institution or in collaboration with the Government authorities

Director



4.1 Safety Measures at Entry/ Exit Point(s)

- i. Adequate arrangements of thermal scanners, sanitizers, face masks should be made available at all entry and exit points, including the reception area.
- ii. Crowding must be avoided at entry/ exit points. Staggered timings of entry and exit with limited strength for different programmes should be followed.
- iii. For ensuring queue management, inside and outside the premises, specific markings on the floor with a gap of 6 feet may be made and be adhered to.
- iv. In case the institution has more than one gate for entry/ exit, all the gates should be used, with adequate care, to avoid crowding.
- v. Monitoring of the entry and exit of the students should be done.
- vi. Screening of students, faculty and staff, wearing of face covers/ mask, sanitizing of hands etc. must be ensured at all entry points.
- vii. Those having symptoms of fever, cough or difficulty in breathing should not be allowed to enter.

4.2 Safety Measures during Working Hours

4.2.1 Classrooms and other Learning Sites

- i. Proper sanitization at all learning sites should be ensured. Cleaning and regular disinfection (using 1% sodium hypochlorite) of frequently touched surfaces (door knobs, elevator buttons, hand rails, chairs, benches, washroom fixtures, etc.) to be made mandatory in all class rooms, laboratories, (and also) lockers, parking areas, other common areas etc. before the beginning of classes and at the end of the day. Teaching materials, computers, laptops, printers, shall be regularly disinfected with 70% alcohol swipe.
- ii. Sitting places in classes, laboratories, computer labs, libraries etc. should be clearly marked, keeping in view the norms of physical distancing. At least one seat should be left vacant between two seats.
- iii. Wearing face cover/ mask is a must at all times and at all places inside the campus.

4.2.2 Inside the Campus

Cultural activities, meeting etc. may be avoided. However, such extracurricular and sports activities may be allowed where physical distancing is feasible and is in accordance with the Ministry of Home Affairs guidelines, issued under Disaster Management Act, 2005 from time to time



- ii. Adequate arrangements for safe drinking water should be made on the campus.
- iii. Hand washing stations with facilities of liquid soap should be created so that every student can wash her/ his hands frequently.
- iv. Regular and sufficient supply of face covers/ masks, heavy duty gloves, disinfecting material, sanitizer, soaps etc. to sanitation workers should be ensured.
- v. Wearing of face cover/ mask by all students and staff should be ensured.
- vi. Proper cleanliness should be maintained inside the entire campus.
- vii. Adequate arrangements should be made for sanitizing the entire campus, including administrative and academic buildings, classrooms, laboratories, libraries, common rooms, toilets, water stations, furniture, learning material, teaching aids, sports equipment, computers etc.
- viii. Physical distancing should be maintained at all places and crowding must not be allowed at any place under any circumstances.
 - ix. An adequate supply of water in toilets and for hand- washing should be ensured.
 - x. Proper sanitization of buses, other transport and official vehicles of the institution should be done.
 - xi. Spitting in the campus must be made a punishable offence.
- xii. Dustbins must be cleaned and covered properly.
- viii. Dustbin for collection of used facemasks, personal protective equipment, hand gloves and their disposals should be ensured as per safety norms. Provision for proper disposal of used personal protection items and general waste should be followed in accordance with CPCB guidelines (available at: https://cpcb.nic.in/uploads/Projects/Bio-Medical-Waste/BMW-GUIDELINES-COVID_1.pdf).
- xiv. For air-conditioning/ventilation, the guidelines of CPWD shall be followed which emphasizes that the temperature setting of all air conditioning devices should be in the range of 24-30°C, relative humidity should be in the range of 40-70%, intake of fresh air should be as much as possible and cross ventilation should be there.



- xv. Gymnasiums shall follow MoHFW guidelines (available at: https://www.mohfw.gov.in/pdf/Guidelinesonyogainstitutesandgymnasiums03082020.pdf).
- xvi.' Swimming Pool (wherever applicable) shall remain closed.
- xvii. All employees who are at higher risk, i.e., older employees, pregnant employees and employees who have underlying medical conditions to take extra precautions. They should preferably not be exposed to any front-line work requiring direct contact with the students.

4.2.3 Hostels

- i. Hostels may be opened only in such cases where it is necessary while strictly observing the safety and health preventive measures. However, the sharing of rooms may not be allowed in hostels. Symptomatic students should not be permitted to stay in the hostels under any circumstances.
- ii. Since residential students may be coming from different locations, they shall remain in quarantine and self-monitor their health for a period of 14 days before being allowed to attend classes or as per the policy opted by the State Government for quarantine (even if they bring a negative test report or the university/college plan to test them on arrival).
- iii. There should be no crowding in hostel areas where students live in close proximity and share common facilities and utilities. Hence, their numbers need to be limited appropriately to avoid crowding. Also, hostel students should be called in phases.
- iv. Thermal Screening of all resident students should be ensured.
- v. They will be referred to the nearest COVID treatment facility for clinical assessment and treatment.
- vi. Density in dining halls, common rooms, playing areas should be limited, keeping in view the requirement of physical distancing.
- vii. Hygiene conditions should be regularly monitored in kitchens, dining halls, bathrooms and toilets etc.
- viii. Cleanliness is to be maintained in dining areas. Meals should be served in small batches, avoiding over-crowding. Take away options should be available for students and staff.
 - ix. It must be ensured that the meals are freshly cooked. A senior staff should monitor the same.

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- x. Utensils should be properly cleaned.
- xi. Wearing of face covers/ masks and proper sanitization of hands of the staff engaged for the preparation and distribution of meals should be ensured.
- xii. Resident students and staff should avoid or limit visiting the markets. As far as possible, essential items may be made available within the campus.
- xiii. Hostels may define the number of students in dining halls at any point in time. Mess timings may be increased to avoid overcrowding.

4.2.4 Regular Monitoring of Health

- i. Every institution should regularly monitor the health of its students, faculty, and staff.
- ii. Faculty, staff and students should also be sensitized on self-monitoring of their health.
- iii. Faculty, Staff and students should submit self-disclosure, if any of their family members have been infected/availed treatment for COVID-19.

4.2.5 Counselling & Guidance for Mental Health

In order to reassure the students' community to avoid any kind of stress or panic in the prevailing situation *vis-a-vis* their studies, health and related issues, Universities and Colleges should take the following measures for the mental health, psychological aspects and well-being of the students:

i. All the faculty members, students and staff should be made aware of the Web page named "Manodarpan" – created on the Ministry of Education website to provide psychosocial support for Mental Health & Well-being during the COVID – 19 outbreak and beyond. The web page contains advisory, practical tips, posters, videos, do's and don'ts for Psychosocial support, FAQ and online query system. Also, a National Toll Free Helpline (8445440632) for country wide outreach to students from schools, colleges and universities has also been set up which will provide tele-counselling to address their mental health and psychosocial issues.

ii. Set up helplines for mental health, psychological concerns and well-being of students in Universities/ Colleges which need to be regularly monitored by Counsellors and other identified faculty.



- iii. Regular mentoring of students through interactions, and appeals/letters by the Universities/ Colleges to remain calm and stress-free. This can be achieved through telephones, e-mails, digital and social media platforms.
- iv. Form COVID-19 help groups of students headed by hostel wardens / senior faculty who can identify friends/ classmates in need of help and provide the immediate necessary help.
- v. Share the following video links of Ministry of Health & Family Welfare https://www.nohfw.gov.in/on the University/ College website and with students and faculty via e-mail, through social media like Facebook, WhatsApp and twitter etc.

Practical tips to take care of your Mental Health during the Stay In https://www.voutube.com/watch?v=uHB3WJsLJ8s&feature=youtu.be

Minding our minds during the COVID-19 https://www.nohfw.gov.in/pdf/MindingourmindsduringCoronaeditedat.pdf

Various Health Experts on how to manage Mental health & Well Being during COVID-19 outbreak

https://www.coutube.com/watch?v=iuKhtSehp24&feature=youtu.be

Behavioural Health: Psycho-Social toll free helpline - 0804611007

4.2.6 Measures for Containment

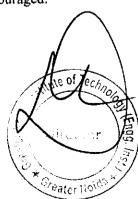
- i. As soon as a student, faculty or staff is detected COVID-19 positive, such person should be immediately isolated as per the directive/advisory of the Government. Room-mates and close contacts should be quarantined and symptomatic ones to be immediately tested.
- ii. Universities and colleges should have a ready plan to provide healthcare support to those resident students and staff who test positive and are isolated.
- iii. The guidelines restricting social and physical contacts and mobility in such parts of residential places in the campus, where positive cases have been found, should be strictly enforced. Measures like holding no class, not leaving the rooms for hostellers, if applicable, no take away arrangement of food from mess etc. may be enforced, depending upon the severity of the situation.

iv. Universities and colleges should also plan in advance, in case shut down are ordered by the Government due to outbreak in campus or the surrounding region.



4.2.7 Sensitization of Students, Teachers and Staff

- Awareness programmes regarding COVID-19 as to how the infection spreads, common symptoms, and precautions and measures required to contain its spread may be launched.
- ii. Maintaining hygiene, e.g., how to wash hands, how to cough or sneeze into a tissue or elbow, avoid touching of face, eyes, mouth and nose should be regularly told to the students and the staff.
- iii. The necessity of physical distancing, wearing face covers/ masks, hygiene etc. should be brought home to all.
- iv. Activities to stay fit, physically and mentally, should be encouraged like doing exercises, yoga, breathing exercises, meditation, etc.
- v. To improve resilience and mental health, students should be encouraged to share their feelings with friends, teachers and parents, remain positive, grateful, helpful, have focussed approach, take a break from work, eat healthy and sleep timely etc.
- vi. Eating healthy food and fruits, avoiding junk food, frequently drinking warm water, adopting ways to increase immunity etc. should be encouraged.
- vii. Students should be told to regularly sanitize their laptops, audio, video and other media accessories.
- viii. Factual information regarding COVID-19 and consequences of infection, without making them stressed or fearful, should be disseminated.
- ix. Posters and stickers should be pasted at appropriate places in the campus to create awareness about the risk of infection from Coronavirus.
- x. All support and facilities should be provided to persons with disabilities (Divyangjan).
- xi. No discrimination based on caste, creed or gender should be allowed to take place.
- xii. Sharing of books, other learning material and eatables be discouraged.





5. Role of Stakeholders

5.1 Central/ State Government(s)

- i. The Government should help educational institutions to prepare an effective plan for reopening their campuses. The plan may vary from institution to institution, keeping in view the situation regarding spread of COVID-19 pandemic in a particular area/region/zone.
- ii. The Governments may issue clear instructions to the universities and colleges to ensure the safety and health of all concerned. This may include instructions for wearing of face masks, physical distancing, and the number of students in a class, library, hostels, and dining halls etc.
- iii. State governments, in consultations with higher education institutions, should prepare an estimate of requirement in each of their districts and zones, of disinfectants, facemasks and prepare a plan in advance for their procurement and distribution. Universities and colleges should ensure sufficient supplies of these items to their students, faculty and staff.
- iv. Keeping in view the varying conditions in any state at district and zonal levels, the Government concerned should prepare a region-specific plan, instead of a uniform plan for the entire state.
- v. State health departments should remain in touch with the universities and colleges and work to ensure that the campuses are well prepared to maintain the safe and healthy conditions and also to deal with the COVID-19 related unexpected situations.
- vi. The Governments should keep a constant touch with the universities and colleges regarding the status of COVID-19. The government may call information regarding COVID-19 related condition in the campuses and also call meetings at appropriate intervals with the Head of institutions through video conferencing.

5.2 Head of the Institution

- Vice- Chancellors/ Principals may get Standard Operating Procedures(SOPs) worked out in view of COVID-19 outbreak, in accordance with the Government orders and guidelines.
- ii. A detailed institutional plan which may, inter alia, include sanitization, safety and health measures should be prepared and kept ready, before reopening of campus. Proper implementation of the institutional plan should be ensured and regular monitoring should be done with the help of faculty and the staff.

iii. Tie-ups may be established with nearby hospitals, health centres, NGOs, health experts for help and support in fighting COVID-19.

- iv. A plan for all academic activities, i.e., the academic calendar, teaching-learning modes, examinations, evaluation etc. should be kept ready well in advance.
- v. A Task Group should be created to handle varied situations and issues related to the COVID-19 pandemic. Such Task Group may consist of senior persons from faculty and staff, students, volunteers from communities, NGOs, health organisations and Government officials etc. as the case may be.
- vi. Teachers, students and staff should be made aware of all relevant plans and activities on the campus.

5.3 Teachers

- i. Teachers should make themselves fully aware of institutional plans and Standard Operating Procedures.
- ii. Every teacher should prepare a detailed teaching plan for the subjects taught by him/her, including time table, class size, modes of delivery, assignments, theory, practical, continuous evaluation, end-semester evaluation etc.
- iii. Teachers should keep themselves updated with the latest teaching- learning methods and availability of e-resources.
- iv. Teachers should make the students aware of the COVID-19 related situation, precautions and steps to be taken to stay safe and healthy.
- v. Teachers should monitor and keep track of the physical and mental health of their students.

5.4 Parents

- i. The parents should ensure that their children observe safety norms at home and whenever they go out.
- ii. Parents should not allow their children to go out, if they are not feeling well.
- iii. Parents may be advised that the 'Aarogya Setu App' has been downloaded by their children.
- iv. Parents should sensitize them of healthy food habits and measures to increase immunity.
- v. Parents should ask them to do exercise, yoga, meditation and breathing exercises to keep them mentally and physically fit.

5.5. Students

- i. Self-discipline is most important to contain the spread of COVID-19 pandemic through social distancing and maintaining hygienic condition.
- ii. All students should wear face covers/ masks and take all preventive measures.
- iii. May consider installing 'Aarogya Setu App' in the mobile.
- iv. It is important for the students to be physically and mentally fit to handle any exigencies. By remaining fit, they can take care of others also.
- v. The students must inculcate activities that will increase immunity-boosting mechanism which may include exercise, yoga, eating fresh fruits and healthy food (avoid fast food), sleep timely.
- vi. Discrimination of fellow students in respect of whom there is a history of COVID-19 disease in the family be avoided.
- vii. Give support to your friends under stress due to COVID-19 pandemic.
- viii. Students should follow the guidelines, advisories and instructions issued by the Government authorities as well as by the universities and colleges regarding health and safety measures in view of COVID-19 pandemic.
- **6.** In view of the present scenario and future uncertainties:
 - i. The universities may adopt and implement these Guidelines in a transparent manner by making alterations/ additions/ modifications/ amendments to deal with particular situation(s) in the best interest of students, educational institution and the entire education system, except in respect of those guidelines that are mandatory.
 - ii. In case of educational institutions located at places where the Government (Centre/State) have imposed restrictions on gathering of public, the institutions may plan accordingly. In any case, the above recommendations shall not cause any restrictions on the guidelines/directions issued by the appropriate Government/ competent authority.

Notwithstanding the above Guidelines, every university/ college has to ensure that it is prepared in all respects to carry out the academic activities following necessary advisories/guidelines/directions issued by the Central/State Government, Ministry of Education (earlier referred to as MHRD) or UGC from time to time to prevent the spread of COVID-19.